



Add this conversation to your plate.

PARENTS & GUARDIANS CAN HELP PREVENT TEEN Rx DRUG MISUSE

Talk with your pediatrician & pharmacist to set guidelines for your youth's prescription

Consider locking your medicine cabinet and monitor frequently for missing medications

Ask the doctor if there is an over-the-counter alternative for pain relief

Encourage open discussion with your youth around Rx medications as well as other substances

Properly dispose of unwanted Rx medications by utilizing local drug take back boxes and events

Regardless of what they might say, youth are learning from your actions every day. Set the right example for you and for them



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