

ALCOHOL

PLAYBOOK



If you find yourself in any of these situations, use our "plays" to help keep you and your friends safe.

"My friend wants me to drink... I don't want to."



- "Have you heard what that stuff can do to your body?"
- "Other things are more important to me than drinking."
- "I have other plans tonight."
- "I'll get in so much trouble if I get caught."

"My friend is drunk and wants to drive."



- Try to talk your friend out of this decision.
- Suggest calling a trusted adult, an Uber, or a taxi.
- If they won't listen to you, take their keys.

"My friend mixed drugs and alcohol."



- Mixing drugs and alcohol significantly increases your chance for an overdose.
- Call 911 and do NOT leave your friend alone.
- If your friend is unconscious, roll them on their side while you wait for the ambulance to arrive.

MAKING THE RIGHT PLAY COULD SAVE A LIFE.



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www.opioidoverdoseprevention.org