

Opioid Overdose Prevention

A GUIDE ON HOW TO REVERSE AN OPIOID OVERDOSE



- The leading cause of unnatural death in the U.S. is poisoning by drug overdose.
- More than 5 people die each day in Massachusetts as a result of overdose.
- In 2018, there were an estimated 1,974 opioid-related overdose deaths in MA.



Signs of an Overdose:

- Slow, shallow or no breathing
- Unconscious and non-responsive
- Pale, blue or grey skin
- Snoring or gurgling sounds
- Foaming at the mouth
- Vomiting

How to Respond to an Overdose:



#1

Call 911



#2

Perform Rescue Breaths



#3

Administer Naloxone



#4

Place in Recovery Position