

A GUIDE ON HOW TO REVERSE AN OPIOID OVERDOSE

The high number of opioid overdoses is a public health crisis in the US. In the state of Massachusetts, opioid overdose deaths have been increasing since 2005.

In 2015, there were more than 1,500 deaths in the Commonwealth, many of them due to heroin. The rescue medication naloxone can help an individual survive an overdose.

Studies show that increasing access to naloxone can reduce overdose death by 35-50%.



Signs of an Overdose:



- Slow, shallow or no breathing
- Unconscious and non-responsive
- Pale, blue or grey skin
- Snorting or gurgling sounds
- Foaming at the mouth
- Vomiting

How to Respond in an Overdose:



#1

Call 911



#2

Administer Naloxone



#3

Perform Rescue Breaths



#4

Place in Recovery Position

Brockton Area Prevention Collaborative
OpioidOverdosePrevention.org