



# should you drink to that?

the impact of underage drinking

1. Why is it important to talk about alcohol? If it is so normal, what is the problem?

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2. Drug and alcohol use have always been present in popular culture- from movies to music, substance use is glorified often times without ever discussing any of the consequences. Why do you think that is?

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3. How does alcohol impact our brain, body and social life?

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4. How would you keep yourself safe in a dangerous drinking situation?

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5. What's your reason to not drink alcohol?

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6. Take alcohol out of the situation, what do you fill your cup with?

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7. If you had to help a friend, would you know what to do? Would you know what to say?

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